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Lower Grange
Medical Centre
The Square
Charteris Road
Bradford
BD8 0QN
Tel: 01274 881646



Mughal Medical
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55 Ivanhoe Road
Bradford
BD7 3HY
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Woodroyd Centre
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www.kensingtonpartnership.org

June 2021

Patient Participation Group News

Management update from Tracy Burton, Practice Manager

- I just wanted to give a little update on our website and how popular it has become since Surji has joined and been keeping up to date and relevant. If you haven't had a look please do. Things included for those without Facebook access are details on what our in-house dietitian can offer, details of the drop in COVID clinics, amazing news story when the Mayor of West Yorkshire visited our women's only COVID drop in (such a proud moment for Kensington Partnership as all the hard work Dr Safina Haque GP Partner and Clinical Director of PCN4 has put in still continues to pay off) and how to get your COVID vaccination history if need evidence for travel. Well done Surji keep it up.
- We are excited to introduce some new staff members and welcome them to the team. Stevie Smyth is a new AP with a physio background, Habib Ahmed and Ishrath Khan are both new medical secretaries and Nosheen Munir, Nausheen Jawad and Ishrat Hussain new Medical Receptionists.
- E-Consultations have been a huge success but it has been difficult at times due to some patients abusing the system sending multiple per day and some for inappropriate things. I have met with a representative from our CCG (Clinical Commissioning Group) and from E-Consult to look at how we can work together to improve the system for the patient and practice. We are very lucky to have this opportunity and only got this chance as we have the best uptake of all Bradford City Practices so a great achievement.
- Finally, on a negative we are experiencing some IT issues. The Bradford IT provider is upgrading up from Windows 7 to Windows 10 and although this will be amazing once done as opens up lots of new options of software and clinical packages we can use it is having major teething problems. We are trying to minimise disruption for patients but this has caused slightly longer appointments with the nursing team when having blood tests in particular as they are having to manually write out the request form, which obviously takes time.

Lockdown easing: the rules in England from 21 June



More than 30 guests can attend a wedding but must be seated at tables of six

Other restrictions remain in place



Up to six people or two households can meet indoors



Pubs and restaurants table service only



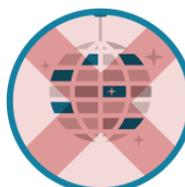
Theatre and cinema audiences limited to 50% capacity



Bigger crowds allowed at some pilot events for sport and entertainment



Social distancing remains in place



Nightclubs remain closed

Vaccination

We continue to encourage more people to get vaccinated against COVID-19. Here is some information about our drop in vaccination clinics.



Drop in vaccination clinic

**Wednesdays 16, 23 & 30 June 4pm to 7.30pm
AND Saturdays 12 and 26 June 10am – 4pm**

Whetley Medical Centre, 2 Saplin St, Manningham, BD8 9DW



For anyone aged 25 and over, carers or frontline health and social care staff, as well as those aged 16+ who are clinically vulnerable.

First and second doses.

If you know someone who is eligible for the COVID-19 vaccine, please encourage them to come to the vaccination clinic.

Supporting COVID-19 vaccine uptake across our communities

RISK OF BLOOD CLOTS

ASTRAZENECA
VACCINE



4 CASES IN
1,000,000 VACCINES

0.0004%

BIRTH
CONTROL PILL



500 - 1,200 CASES
IN 1,000,000
WOMEN

0.05% - 0.12%

SMOKING



1,763 CASES IN
1,000,000
SMOKERS

0.18%

COVID
INFECTION



165,000 CASES IN
1,000,000 CASES

16.5%



Recycling for Yorkshire Air Ambulance

Donate your unwanted clothing and shoes to help to Save Lives Across Yorkshire



**We are collecting here: Kensington Health Centre
Whitefield Place, Bradford, BD8 9LB**



We will be holding a drop off day on Thursday 8th July between 10am and midday within the carpark area.

Patient Survey

A patient survey was carried out in June with patients. About 1700 patients were randomly chosen and were sent the survey to complete. 650 people to date have completed the survey. The analysis of the survey show:

- Majority of respondents had used the service for less than 5 times in the last 6 months.
- Getting through to us on the phone was still an issue
- Majority of the respondents have not used the website
- The ordering of repeat prescriptions was fairly easy
- Talking to practice secretaries was fairly easy
- The receptionist staff were fairly helpful in directing patients to appropriate services
- Experience of booking an appointment were fairly good
- The majority of the appointments were with the GP and the patients were satisfied with their appointments
- Majority of the respondents were happy to self-care with over the counter medications for minor conditions.
- The overall experience of the practice was fairly good.

Improvements required:

- To improve the phone appointment system
- Improve the phone lines
- Less waiting time

The survey results were slightly better than last time. We hope to carry out another survey end of this year.

It was Dietitian's Week 7-11 June, a time when Dietitians shared what they do and how, this includes PCN4's very own Dietitian, Charlotte Savory. If you would like help changing your diet to improve your health, please contact the surgery and make an appointment with the Dietitian



What is your **dietitian** thinking about?

Dietitians are experts in nutrition. They apply science and evidence to your personal circumstances to help you achieve the best possible results. They will consider a range of factors about you to work towards helping you make the right food choices.

The infographic features a central illustration of a female dietitian and a male client sitting at a table, discussing their health. Surrounding this central image are 18 categories of factors dietitians consider, each with a corresponding icon:

- AGE AND GENDER**: Heart with a plus sign.
- BODY IMAGE**: Person with a heart above their head.
- ACTIVITY LEVEL**: Bicycle.
- WORK PATTERN**: Document with a pencil.
- FOOD/NUTRIENTS**: Bowl with a leaf and a fork.
- EXISTING MEDICATION**: Pillbox.
- FAMILY & LIFESTYLE**: Bed with zzz.
- ABILITY**: Document with a pencil.
- CULTURE**: Flag.
- RELIGION & BELIEFS**: Person kneeling in prayer.
- YOUR BODY SIZE**: Scale.
- TASTE & EATING HABITS**: Fork, knife, and spoon.
- SYMPTOMS & CONDITIONS**: First aid kit.
- YOUR ENVIRONMENT**: House.
- COOKING SKILLS**: Pan on a stove.
- YOUR MENTAL WELLBEING**: Head with a brain.

Find out more at dietitiansweek.co.uk

Walking Group

The walking group has started and you can still book onto the Walking Group by contacting Mumtaz directly or contact me please.



- * FREE Daily Walks (meet at Gurlington Centre weekdays 9.15am)
- * FREE Weekly Weigh-In and Weight Management advice available
- * FREE cuppa with time for a chit-chat / ghap-shap

Sessions starting on Monday 14th June 2021.

Please ring Mumtaz on 07877466818 to book your place.

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Confidential Information and opting out

Type 1

You can also tell your GP practice if you do not want your confidential patient information held in your GP medical record to be used for purposes other than your individual care. This is commonly called a type 1 opt-out. This opt-out request can only be recorded by your GP practice.

<https://digital.nhs.uk/about-nhs-digital/our-work/keeping-patient-data-safe/how-we-look-after-your-health-and-care-information/your-information-choices/opting-out-of-sharing-your-confidential-patient-information>

Type 2

Previously you could tell your GP practice if you did not want NHS Digital to share confidential patient information that we collect from across the health and care service for purposes other than your individual care.

Any patient who now wishes to register for the Type 2 opt out must do so via the NHS Digital website <https://digital.nhs.uk/services/national-data-opt-out> (This address is also on privacy notice on our website).

Also, there have been numerous references to registering to Opt Out by 23 June & 1 July.

On the 1st July the General Practice Data for Planning and Research - <https://digital.nhs.uk/data-and-information/data-collections-and-data-sets/data-collections/general-practice-data-for-planning-and-research> will become operational.

This new system of collecting information is replacing General Practice Extraction Service which has been in use for about 10 years. It will also help to support the planning and commissioning of health and care services.

If the patient has already registered for Type 1 opt out the information will not be collected.

If a patient registers for Type 1 by the 23rd of June then the information will not be collected starting 1st July.

The patient can still register for Type 1 at any other date and this will be honoured, although NHS Digital may have already collected some information, which will still be held

Website and Social Media

Please like and follow us on social media and any feedback will be much appreciated.

[Facebook](#) [Instagram](#) [Twitter](#)



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